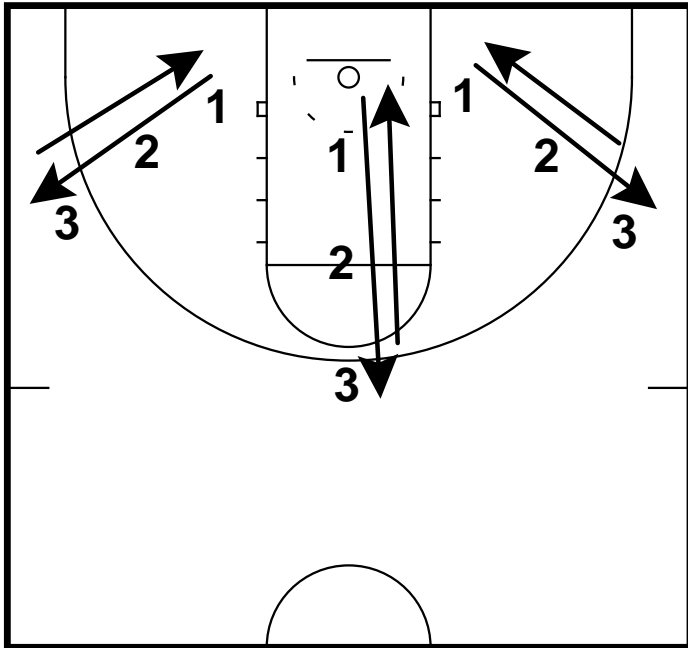


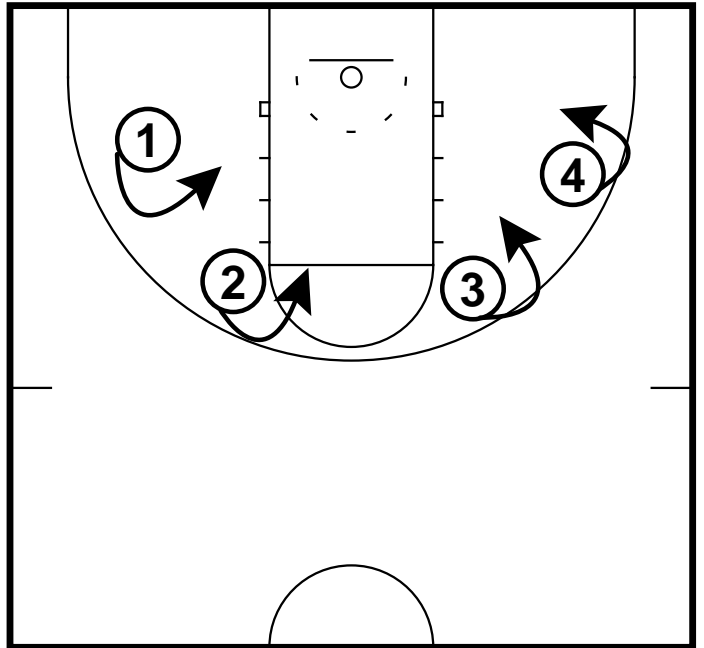
SHOT BUILDER SERIES
INDIVIDUAL SKILLS



SHOT BUILDER (MAKE 3 OF EACH)

1. No jump, finish on toes (tall)
2. Slight jump
3. Stop shot

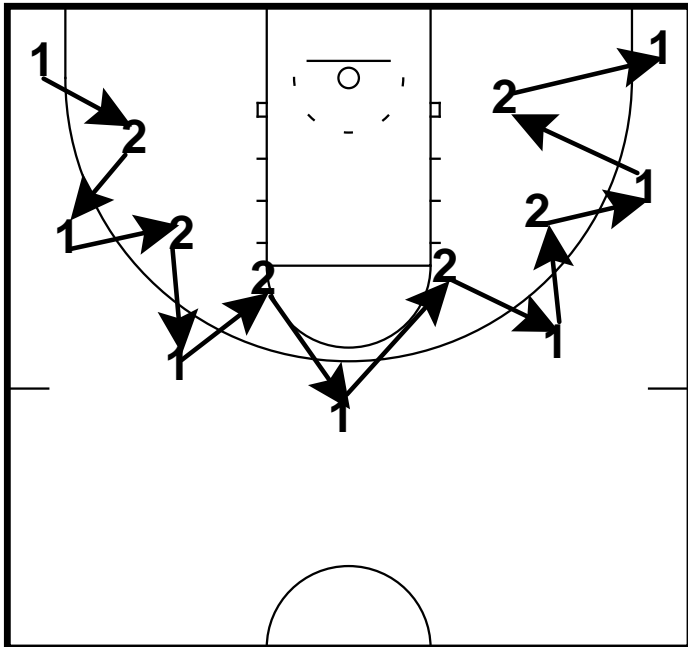
SHOT BUILDER SERIES
INDIVIDUAL SKILLS



BALANCE SHOOTING

- FRONT TURN...2 PIVOTS
REVERSE TURN...2 PIVOTS

SHOT BUILDER SERIES
INDIVIDUAL SKILLS



W
AROUND THE ARC and back 3s and 2s make or miss move
Slide 3s or pull up/floater