

CORE OFFENSE PRINCIPLES

Inside/ Outside/ Penetration/ Screening Game

Goal is to gain an advantage by the dribble, a screen , or a post feed. Once we have the advantage, we are in our drive and space game. Once we lose our advantage, we are in screening game

Create Space in order to utilize skill Offensive Philosophy

1. Solid fundamentally

- Eyes on the rim
- Starts and stops/ foot organization
- Finishing plan
- Shot ready
- Passing skills

2. “Together we Attack” in transition and ½ court

3. Play inside out

- Post ups
- Drives

4. Play unselfishly (Nothing can stop the ball from moving)

- Hit the open man
- Move the ball with a purpose
- Reverse the ball

5. Utilize Players individual skills by providing space while having a protection plan in place

- Stride stops
- Pivots
- Lifting and bounce outs

6. Offense should provide rebounding position and defensive balance once shot is taken

7. Offensive system must be flexible in order to adapt to personnel...Philosophy does not change

Having a clearly defined set of principles to work with reduces conflict because it depersonalizes the criticism. The players understand that you are not attacking them personally when you correct a mistake, but only trying to improve their knowledge of the system (Phil Jackson)